Reservoir safety.
Keep safe. Keep out.

Educate your teenagers about the hazards of reservoir swimming

INSIDE THIS PACK

> Facts and figures about reservoirs
Test your knowledge on reservoirs

> Isolation inspiration
Find some fantastic suggestions for having fun at home during lockdown

Water for the North West
The world is a crazy and unpredictable place right now and the impact of Coronavirus is being felt by us all. It’s a particular challenge for teenagers who are so used to socialising with their friends.

Every year when the warmer weather arrives, many people – particularly younger age groups – are tempted to head to our inland waters, lakes, quarries and reservoirs to meet up with friends and cool down with a swim. It’s a dangerous trend which, as this pack will go on to show, can have tragic consequences.

Owning more than 180 reservoirs across the North West, we at United Utilities are always committed to raising awareness of this issue and to explaining why swimming in them is so dangerous.

This pack has been made for teenagers to work through to understand the real dangers of swimming in reservoirs, with tips for parents on how they can help their child complete the pack. Let’s go!
Parents, here’s how to use this pack

The second section of this pack has been designed for you to print off and give to your child. It contains a series of engaging and interactive activities designed for teenagers to help them understand why swimming in reservoirs is so dangerous, and to help re-enforce crucial STAY SAFE messaging.

Before we get to that though, here is a full breakdown of what the pack contains and also some tips on ways you might like to get involved and help your child get as much as possible out of this resource.

Activity No.1
Facts and figures about reservoirs
Find the answers!

Tip: You can help your child search for the answers online. Some good websites to look at are:
www.unitedutilities.com/about-us/recreation-sites/reservoir-safety
https://www.rlss.org.uk/drowning-prevention-week

The answers are included at the end of the pack – don’t peek if you want to have a go at finding out the answers yourself first!

Activity No.2
Isolation inspiration
Inspirational ideas for having fun but staying safe during this time

Tip: Why not also help your child develop their own isolation inspiration? Perhaps encourage them to create a calendar so they can plan which activities they will do on different days. This will give them some structure and will help them to achieve their goals, such as mastering cooking a new dish, learning to play a song on a musical instrument or beating their personal best in exercise.

That’s it! We hope this is a useful resource for you but most importantly, that it is also an engaging way for your child/children to learn about this crucial subject in a sensitive but also creative way.

The full activity pack now follows...